

# **FLORAL PARK OPHTHALMOLOGY**

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## **LPI / LIP / LASER SURGERY**

### **PRE-OPERATIVE & POST-OPERATIVE INSTRUCTIONS**

#### **PRE-OPERATIVE INSTRUCTIONS:**

- **NO blood-thinners: No Coumadin FIVE DAYS PRIOR TO LPI OR LIP LASER PROCEDURES. No Plavix, Aspirin, Advil, Motrin or Ibuprofen TWO WEEKS PRIOR TO LASER PROCEDURES.**
- You **MUST** see or call your cardiologist or internist who prescribed blood-thinners and get allowable time to discontinue prior to laser procedure. Please let Dr. Jindra's office know how long you will be off these meds.
- Take only Tylenol for pain.
- Take all other meds as usual.
- No eye make-up.
- No earrings or neck jewelry.
- No perfume.
- May eat a light breakfast or lunch but avoid Caffeine.
- Must have transportation and someone to accompany you to and from your surgery.
- Bring sunglasses.
- **Time of arrival for your appointment will be confirmed with you by phone one day before procedure. Your eye will be pre-medicated ½ hour prior to procedure.**

## LPI / LIP / LASER SURGERY

### POST-OPERATIVE INSTRUCTIONS:

- No blood-thinners: No Coumadin, Plavix, Aspirin, Advil, Motrin or Ibuprofen for 3 days after LPI or LIP laser procedures.
- Take only Tylenol for pain.
- Take all other meds as usual.
- No eye make-up for 3 days.
- No heavy lifting or heavy exertion for 3 days.
- Must have transportation and someone to accompany you to and from your surgery.
- Use sunglasses.
- **Please use Lotemax Gel in the operated eye. Use one drop, four times a day, for one week starting today, Friday.**
- Use over the counter Lubricant Eye Drops (Soothe, Systane, Refresh etc.) if surgery eye feels a pinching sensation or you feel like something is in the surgery eye. The laser can cause a drying sensation.

# EYE MEDICATION INSTRUCTIONS AFTER LPI LASER PROCEDURE

START MEDICATIONS SAME DAY AS LASER PROCEDURE

## TAKE LOTEMAX GEL



ONE DROP IN:

RIGHT EYE \_\_\_\_\_ LEFT EYE \_\_\_\_\_

FOUR TIMES A DAY FOR ONE WEEK

RETURN TO OFFICE FOR FOLLOW-UP : \_\_\_\_\_.

**\*\*Continue taking your eye medications (if you take any) unless directed otherwise by Dr. Jindra.\*\***

**IN CASE OF AN EMERGENCY, FIRST CALL THE OFFICE. IF NO ANSWER, PLEASE LISTEN TO THE MESSAGE FOR FURTHER INSTRUCTIONS.**